
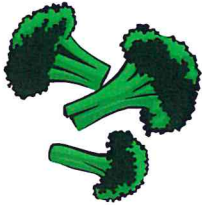








January 2018

** Menu Subject To Change
Without Notice!**

Beloved Community Charter School Lunch Menu

Mon	Tue	Wed	Thu	Fri
				
8 Reg: Mini Cheese Ravioli, Peas, Apple 4 Veg: Egg & Cheese on WW Bagel, Broccoli, Rainbow Bean Salad	9 Reg: Sloppy Joe, Broccoli, Orange Veg: Whole Grain Pizza Dippers, Baby Carrots, Orange	10 Reg: Hot Dog, Maple Baked Beans, Coleslaw, Peach Cup Veg: Cheese Ravioli, Peas, Peach Cup	11 Reg: Fish Fillet, Mashed Potatoes, Romaine Salad, Mixed Fruit Cup Veg: Cold Sandwiches, Fruit Cup	12 Cheese Pizza Baby Carrots, Apple 
15 Martin Luther King JR. Day SCHOOL CLOSED	16 Reg: Hot Dog, Tri Tators, Green Beans, Mixed Fruit Cup Veg: Cold Sandwiches, Fruit Cup	17 Reg: Whole Grain Chicken Nuggets, Potato Rounds, Romaine Salad, Peach Cup Veg: Mac & Cheese, California Blend Veggies, Peach Cup	18 Reg: Salisbury Steak w/ Gravy, Mashed Potatoes, Mixed Veggies, Orange Veg: Cheese lasagna, Peas, Orange	19 Cheese Pizza Baby Carrots, Apple 
22 Reg: Popcorn Chicken Mixed Veggies, Apple Veg: Egg & Cheese on Bagel, Broccoli, Rainbow Bean Salad, Apple	23 Reg: Turkey Burger, Potato Wedges, Baked Beans, Orange Veg: Whole Grain Dippers, Baby Carrots, Orange	24 Reg: Meatloaf w/ Tomato Sauce, Mashed Potatoes, Peach Cup Veg: Cheese Ravioli, Peas, Peach Cup	25 Reg: Teriyaki Glazed Chicken, Brown Rice, Green Beans, Romaine Salad, Mixed Fruit Cup Veg: Cold Sandwiches, Fruit Cup	26 Cheese Pizza Baby Carrots, Apple 
29 3 Cheese Panini, Maple Baked Beans, Broccoli, Apple	30 Reg: Hamburger, Tator Tots, Corn, Mixed Fruit Cup Veg: Cold Sandwiches, Fruit Cup	31 Reg: Whole Grain Chicken Tenders, Potato Wedges, Romaine Salad, Peach Cup Veg: Mac & Cheese, California Blend Veggies, Peach Cup	